

DURABLE POWER OF ATTORNEY FOR HEALTH CARE DECISIONS

AN SOCIATION	(Medical	Power of Attorney)	
l,		, born	, designate
as my attorney in fact This power exists on health care decisions document or otherwis Except as otherwi otherwise consistent or stopping health car This document gir consent, to refuse to maintain, diagnose, o desires and any limita	t (my agent) and give to r ly when I am unable, in s. The attorney in fact in e made known. size specified in this doct with the laws of the State re which is necessary to ke eves my agent power to consent, or to withdraw in treat a physical or ment attions included in this doc	the judgment of my atten- must act consistently with ument, this document give of lowa, to consent to my particles eep me alive. make health care decision consent to any care, treat tal condition. This power is	the health care decisions for me. Iding physician, to make those my desires as stated in this less my agent the power, where physician not giving health care less on my behalf, including to statement, service, or procedure to subject to any statement of my
OPTIONAL: If the per to serve instead:	son designated as agent	above is unable to serve, I	designate the following person
YESNO In the ethe use of life-susta required to complete detract from the laws	event that medical professining procedures, include the organ donation. No related to anatomical	sionals determine that I may ling a ventilator, for the s thing in this paragraph sh	tatement of desires (if any): y be an organ donor, I agree to sole purpose and time period all be construed to expand or wa Code, Chapter 142C. The
Signed thisda	ay of		
		Your Signature (Declarant/	Principal)
Address, Street, City, State	and Zip	Type or Print Your Name	
This Power of Attorne	y must be witnessed by t	wo persons or notarized.	
STATE OF This instrument was	, COU s acknowledged before	UNTY OF e me on	, by
			, Notary Public
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witnessed the signing by the Principal or other pe	orm in the presence of the other witness and the Principal and I erson acting on behalf of and at the Principal's direction.
Signature of First Witness	Signature of Second Witness
Type or Print Name of Witness	Type or Print Name of Witness
Street Address, City, State and Zip Code	Street Address, City, State and Zip Code

Durable Power of Attorney for Health Care Decisions Form for _____

AUTHORIZATION FOR RELEASE OF PROTECTED HEALTH INFORMATION TO NOMINATED HEALTH

CARE ATTORNEY-IN-FACT	
Pursuant to the terms of a Durable Power of Attorney, Health Medical Power of Attorney) (HCPOA) dated the grantor, the power becomes effective in the event of my of the grantor.	, in which the undersigned is
AUTHORIZATION TO RELEASE INFORMATION: I authorize any physician, health care professional, dentist, hother covered health care provider, any insurance company shealth care clearinghouse that has provided treatment or ser payment from me for such services, to give, disclose, and release document to act as my agent such of my individually identifiar regarding any past, present or future medical or mental health	and the Medical Information Bureau, Inc., or other vices to me or that has paid for or is seeking lease to the person or persons designated in this able health information and medical records
(including all specially protected health information relating to authorized by me to be disclosed by marking the box with an	
sexually transmitted diseases, acquired immunodefi immunodeficiency virus (HIV);behavioral and mental health; andalcohol, drug and other substance abuse)	iciency syndrome (AIDS), and human
Signature of Principal	Date
relating to my ability to make health care decisions. The pury whether the person designated to act as my agent should ac or when revoked by me by a written revocation signed by me being requested prior to the time information is being reques	ct as my agent. This authorization expires when I die and delivered to the entity from which information is
I understand I can revoke this authorization by delivering a wauthorized to give, disclose and release information. The revoke the written statement revocation is given and only after the till right to inspect the disclosed information at any time. My treawith an entity that I have authorized to release information is know that once the information I have authorized to be release recipient and is no longer protected by the Health Insurance regulations promulgated pursuant thereto, as amended from	vocation is effective only as to those entities to whom me of delivery. I also understand that I have the atment, payment, enrollment or eligibility for benefits not conditioned on my signing this authorization. I sed is released it is subject to re-disclosure by the Portability and Accountability Act of 1996 and
THE AUTHORITY TO ACT AS PERSONAL REPRESENTA In addition to the other powers granted by the HCPOA, I grar my personal representative for all purposes of the Health Ins amended from time to time, and its regulations (HIPAA) during subsequent clauses of this paragraph as my "HIPAA personal document.	nt to my agent the power and authority to serve as surance Portability and Accountability Act of 1996, as ng any time that my agent (hereinafter referred to in
Pursuant to HIPAA, I specifically authorize my HIPAA persor information regarding my physical or mental health, including information, medical and hospital records; to execute on my documents that may be required in order to obtain this information. I further authorize my HIPAA personal represen necessary or desirable to implement the health care decision authorized to make under the HCPOA.	y without limitation all HIPAA-protected health behalf any authorizations, releases, or other nation and to consent to the disclosure of this ntative to execute on my behalf any documents
Dated thisday of,	

, Grantor

General Information on Durable Power of Attorney for Health Care

A durable power of attorney for health care is subject to the provisions of Chapter 144B of the Code of Iowa and reference should be made to that chapter. The following is a summary of some of the provisions of Chapter 144B of the Code of Iowa.

- 1. "Health care" means any care, treatment, service, or procedure to maintain, diagnose, or treat an individual's physical or mental condition. "Health care" does not include the provision of nutrition or hydration except when they are required to be provided parenterally or through intubation.
- 2. The following individuals shall not be witnesses for a durable power of attorney for health care
 - a. A health care provider attending the principal on the date of execution.
 - b. An employee of a health care provider attending the principal on the date of execution.
 - c. The individual designated in the durable power of attorney for health care as the attorney in fact
 - d. An individual who is less than eighteen years of age.
- One of the witnesses shall be an individual who is not a relative of the principal by blood, marriage, or adoption within the third degree of consanguinity.
- 4. The following individuals shall not be designated as the attorney in fact to make health care decisions under a durable power of attorney for health care:
 - a. A health care provider attending the principal on the date of execution.
 - b. An employee of a health care provider attending the principal on the date of execution unless the individual to be designated is related to the principal by blood, marriage, or adoption within the third degree of consanguinity.
- 5. Revocation.
 - a. A durable power of attorney for health care may be revoked at any time and in any manner by which the principal is able to communicate the intent to revoke, without regard to mental or physical condition.
 - b. Revocation may be made by notifying the attorney in fact orally or in writing.
 - c. Revocation can also be made by notifying a health care provider orally or in writing while that provider is engaged in providing health care to the principal.
 - d. A revocation is only effective as to a health care provider upon its communication to the provider by the principal or by another to whom the principal has communicated revocation.
 - e. The health care provider is required to document the revocation in the treatment records of the principal.
 - f. The principal is presumed to have the capacity to revoke a durable power of attorney for health care.
 - g. Unless it provides otherwise, a valid durable power of attorney for health care revokes any prior durable power of attorney for health care.
- 6. Prohibited Practices.
 - a. A health care provider, health care service plan, insurer, self-insured employee welfare benefit plan, or nonprofit hospital plan shall not condition admission to a facility, or the providing of treatment, or insurance, on the requirement that an individual execute a durable power of attorney for health care.
 - b. A policy of life insurance shall not be legally impaired or invalidated in any manner by the withholding or withdrawing of health care pursuant to the direction of an attorney in fact appointed pursuant to this Chapter.
- 7. It is the responsibility of the principal to notify the health care provider (doctor) of the terms of the Durable Power of Attorney for Health Care.

SUGGESTIONS AFTER FORM IS PROPERLY SIGNED, WITNESSED OR NOTARIZED

- 1. Place original in a safe place known and accessible to family members or close friends.
- 2. Provide a true copy to your doctor.
- 3. Provide a copy(s) to family member(s).
- 4. Provide a copy to designated attorney in fact (agent) and to alternate designated attorney(s) in fact (if any).