



8901 Indian Hills Drive, Ste 200
Omaha, Nebraska 68114
p 402.397-7057
f 402.397-6656

17001 Lakeside Hills Plaza, Ste 200
Omaha, NE 68130
p 402.885.8700
f 402.855.8719

POST STELARA INFUSION INSTRUCTIONS

1. Return to your diet and medications and normal activities.
2. Serious allergic reactions are rare, however, if you experience any of the following, please call our office.

- Hives
- Itching
- Trouble breathing
- Chest pain
- Dizziness
- Wheezing
- Chills
- Rash
- Nausea
- Flushing of skin
- Low blood pressure

IF ANY OF THESE SYMPTOMS OCCUR, PLEASE CALL YOUR DOCTOR AT 402-397-7057 DURING REGULAR BUSINESS HOURS OR GO TO THE EMERGENCY ROOM FOR EVALUATION.

3. IV Site: If site is tender, apply a warm wet washcloth for 15-20 minutes four times a day to ease the discomfort.
4. Inform your PCP that you are not to receive live vaccines including the shingles vaccine and flu mist.
5. Always eat and drink plenty of fluids before you infusion.
6. Schedule elective dental/surgical procedures at midpoint between doses of Stelara.
7. If taking antibiotic or if you have a fever or feel ill and it is time for your next dose of Stelara, please call your case manager as you may need to reschedule.
8. Follow-up visit is scheduled for: _____.
9. Additional Instructions:

NOTE: If you are running late for your infusion, please contact the infusion room nurse at 402-934-4137. If you are more than 15 minutes late for your scheduled time, your infusion may have to be rescheduled.